



Saturday, September 3, 2016

**Start: Missouri State Penitentiary –
Check-In – prison lower parking lot off Chestnut St.**

Finish: Ellis-Porter Riverside Park Pavilion

Parking:

PARENTS may park in the lower parking lot in the prison ONLY to check their child(ren) in. Parents/adults are strongly encouraged to check-in their child, watch them take off and then drive to Ellis-Porter Riverside Park. There is very limited parking at the prison. Most of the obstacles are located in the park as well. Some obstacles are located behind the Kirchner State School.

Check – In (8:45-9:15 a.m.):

All participants will check in at the lower parking lot of the prison (we will have a white pop up tent with our Parks and Recreation logo on it). All participants will receive a colored wrist band upon check in to verify they are registered for the fun run. We plan to have all children lined up and ready to go by 9:30 a.m. We will cheer on the adult Prison Break participants (as they start before us), take a group photo, line up in age order and be ready to go for a 9:45 a.m. start. We plan to release 20 kids at a time every 2 minutes to help spread them out. This is NOT A RACE.

- **Packet Pickup** will be at the Parks and Recreation Office (427 Monroe Street) on Thursday, September 1 and Friday, September 2 from 8 a.m. – 5 p.m. If you are not able to pick your packet up during this time, please allow for time to pick it up during the check-in process.
- Participants do not have to wear their Catch Me If You Can shirt. We recommend that they wear old clothes and shoes that they do not mind getting stained, torn, etc. Running type shoes with laces are strongly recommended – PLEASE TIE YOUR SHOES TIGHTLY! We recommend a change of clothes and/or a towel to be brought along with you. Do not wear jewelry or glasses (unless necessary).
- We will have an area designated at the pavilion to rinse off with hoses. This will be close to the restrooms.
- **Buddies:** We ask that the 8-12 year olds sign up with a buddy (someone else registered in the event). We would like them to stay with their buddy between the Prison and the park as this portion of the fun run is along the road. Once they arrive at the park, the kids do not have to stay together unless they want to. If your child does not have a buddy, we will pair them up with one on Saturday morning.
- **Adults** will be allowed to walk/run along the run fun with their children and can help them on obstacles as needed. Volunteers will be along the route to help out as well. However, adults are not allowed to go on the obstacles.
- **Photos:** We would love to see your photos/videos. We will have staff taking as many photos as possible but encourage all adults to take some as well and share with us:
<https://www.facebook.com/events/274382952926847/> or email to jcparks@jeffcitymo.org.
- **In Case of Severe Weather**, please call our hotline at 573-634-6485 ext 4. Or sign up for text alerts:
- **Text Alert Sign-Up:** Text CMIUC16 to 84483 to receive Catch Me If You Can alerts from Jefferson City (MO) Parks and Recreation.